



## **Dr. Ed Carlson, PhD Grandmaster, SOKE, Professor**

Dr. Ed Carlson, 35 years researcher of Human Energy, is innovator of Core Health. Author of 10 books on Energy and Health, four research papers, numerous manuals, CDs and DVDs. He became a yoga adept 40 years ago.

Group research demonstrates astounding results with Depression, Cancer, Prison Drug Addicts – 100% Success 3 years post-release, Public School Students, College credit Dance. Primary Presenter at 8<sup>th</sup> Int'l Energy Psychology + 13<sup>th</sup> Int'l Forgiveness Conf's.

Dr. Carlson, graduating *summa cum laude* at Emory University, participated eight years in preventive medicine research with the Southern Academy of Clinical Nutrition.

A Captain in the Air Force, he traveled widely in Turkey, the Middle East, Europe, Asia and Japan – immersing himself in their wisdom texts.

Dr. Ed is the father of six children, and enjoys twelve healthy grandchildren.

He holds a **Doctor of Martial Arts Science**, and the distinction of “**Professor.**”

**Shinja Martial Arts University** inducted Dr. Ed into the “Hall of Honors.”

Granted **SOKE** of Core Health ~ Founder of new Energy Dimension of Martial Arts. SMAU awarded Dr. Ed **GRANDMASTER** rank.

**National Martial Arts HALL of FAME:** “Lifetime Contribution to Martial Arts.”

**World Head of Family Sokeship Council:** “Grandmaster of Energy Training.”

**LEGENDS of Martial Arts** inducts and honors with “2014 Humanitarian Award.”

**Black Dragon Fighting Society and International Fighting Arts Assn. member.**

2014 "Spirit Mind Body" **Salon de GALA of Martial Arts** "Humanitarian Award ~ Distinguished Founder of Core Health," and “Distinguished Instructor for Inner Training.”

2014 **Shinja Marital Arts Univ. Conference:** "Internal Martial Arts Grandmaster of the Year - 2014," and "Honored Instructor," for Dynamic Internal Training Instruction.

2016 **Action Martial Arts Council Grand Expo in Atlantic City** commissioned Grandmaster/Soke Carlson “**AMBASSADOR for MARTIAL ARTS.**”

2016 “**Grandmaster of the Year**” Honor at 40<sup>th</sup> Annual “**HALL of HEROS.**” by U.S.A. Martial Arts “**HALL of FAME.**”

2016 **50<sup>th</sup> International Black Dragon Fighting Society** – Kentucky Governor commissions Dr. Ed an **Official Kentucky Colonel**. As a Veteran, Dr. Ed receives certificates from House of Representatives, Senate and other Congressional Officials.

2017 **Key to the City** of St. Petersburg honoring decades as outstanding Volunteer.

2017-18 Police Chief and Dr. Ed create “Chief’s **MIDTOWN MIRACLES** Martial Arts Program” for boys and girls 4-14 to change the culture in the black neighborhoods.

2018 **USA M. A. Hall of Fame** “Most Inspirational Martial Artist of the Year”