

Heart Forgiveness®

*Heart Forgiveness provides the key to the energy prisons you have made.
You simply unlock the door to let your self out. How easy is that?*

*Heart Forgiveness is equally powerful for a current issue or one of 10
or 50 years in duration. The beauty is you don't have to say who or
when or tell your "story." Four sessions build sequentially.*

*We assist your personal journey to include mastering Heart Forgiveness.
We help you discover what enhances your life energy and eliminate
what diminishes your life energy to give you more energy
for powerful, creative daily living.*

VALENTINE YOURSELF with HEART FORGIVENESS!

Learn what is RIGHT with you. Positive results are immediately measurable!

Four sequential Friday evenings: February 12, 19, 26, March 5. From
6:15-8:30 PM. Tuition is \$30 per person per night plus materials fee.*

*Space will be reserved for the **first 8 people** who register and pre-pay the one time
materials fee of \$35, which includes a Personal Progress Journal & 2 CDs. Call Now:

SERENITY NOW: 727-787-5400. 3269 Tampa Road, Palm Harbor, FL 34684

*ANGER releases high-voltage toxic chemicals inside your body, damaging organs and your
ability to think creatively. This contributes to a variety of dis-eases: heart attack, cancer,
arthritis, ulcers, migraine, high blood pressure, et alia.*

*Heart Forgiveness DISSOLVES angers and resentment to create a "Relaxation Response."
Changes are immediately experienced in your whole being, body, and energy.
You learn to live this way continuously. Life becomes easier and more FUN.*

Expand Your Mental, Physical, Emotional & Spiritual Health

As we remove the obstructions hindering our wellbeing, we discover that health is our natural state. After 30 years of studies in Energy Medicine, I share this amazing journey with you as a Core Health, Heart Forgiveness, and Funny with Money Facilitator. Begin to raise your own energy vibration to live a brighter happier life and create a new pattern for joy. My private practice also includes licensing as a Therapeutic Massage and Jin Shin Jyutsu Practitioner, as well as a certified JSJ Self-Help Instructor who provides CEU for Nurses and Florida LMTs. Spiritually centered decades of evolving holistic studies prove to me that our body heals from within as we uncover the truth of our perfection. My joy is assisting you in re-discovering this process. **Linda Chrystal, CHF, JSJ, LMT. Phone: 813-264-0303 Email:**

SpiritRover@hotmail.com

Dr. Bruce Lipton & Gregg Braden are proponents of Heart Forgiveness. Come see WHY!