

“DTQ Mike ~ Migraine Headaches”

April 19, 2005 Mike R., 46, headaches every morning upon awakening for past 15 years. Tried drugs for migraines -- nothing works -- so simply takes Excedrin.

Introduce to **Core Health, Perfect Moment** and **Energy Measuring**. Very receptive, ready, “ripe”.

Atlas Vertebra can restrict blood flow to or from the brain, impinging on the Circle of Willis.

Recommended visit with Paul St. John for correction. Paul said he had never seen an **Atlas** so far off.

Does not sleep well. Goes to sleep ok, does not wake up a lot, dreams constantly mostly about work – wakes up exhausted.

Since headaches are daily, following sleep, we will **name them** “Chronic Headaches.” Once they have a “name”, can work with them.

Energy Measure: No Chronic Headaches at age 5, or Perfect Moment, or 20 or 30. Begin at age 31, “female inside the family”.

“Interesting, my mother had frequent Migraine Headaches all her life.”

The Event could be something good, or difficult, etc.

“Time of my divorce...” “She supported my wife over me in the divorce.”

That’s enough to cause a headache. What happened?

“When my wife left and took my daughter, they went to live with my mother.”

See yourself **before** you knew they were going to stay with your Mother.

“I have Chronic Headaches.” NO

after you knew, “I have Chronic Headaches.” YES

SO, to make your mother love you more, you “made yourself in her image” with Migraine Headaches -- so she would LOVE you more...

AND a good excuse to avoid dealing with the situation...

“WOW, I can see that.”

Starting Point at age 24, “female inside the family”, wife could not get pregnant, disappointment – thought at first was her, discovered was him, eventually she got pregnant with their daughter.

Anchor Point at age 36, left up north to come to Florida. “Male outside the family”.

Event could be something good - good boss, good friend, separation, etc.

“Yes, I had a very good boss I was sad to leave.” Energy Measure “boss”, YES.

Test for “I have additional anchor points”. YES – will clear all.

Then circle back to **Will to Live** – 83%. “Female outside the family”.

Began age 19, love of life, older woman, still friends, daughter named in her celebration,

Realized “was not going to work.” Only gave up 1% with that big of a blow, to 99% Will to Live.

Kids are amazingly resilient.

We will expand the 83% to 100% Will to Live –

at same time as Mike frees from “Chronic Headaches” choice.

DTQ Process for Will to Live at age 19, Starting Point at age 24, Decision Point at age 31,

first Anchor Point at age 36. Clear all and expand Core Health to 100% in their place, Positive Replacement.

With DTQ, and Neuromuscular Therapy to position and stabilize his Atlas Vertebra, Mike’s headaches dramatically decreased in frequency and in severity. They continue to diminish. His sleep is more refreshing.